Greetings from your outgoing commander:

It has been a pleasure to serve you the last 2 years as my term will end on 29 February at the D28 Change of Watch.

I will be moving on to the BOC committee and feel that this is the direction the United States Power Squadrons® need to follow. People don’t necessarily want to sit in the classroom—they want to go out on water and operate a boat. I have my small powerboat ready for action as a training aid in helping to teach hands-on training. If your squadron would like to be a part of this type of training please contact me and we will work something out together.

As you know, USPS National has been working on changes to the Bylaws along with the Policies and Procedures. My goal has been to try to bring change into the District so that it’s not such a burden on the individual squadrons to operate.

We have already changed the district meetings to a minimum of one per year instead of two. This will free up resources that can be better used within the local squadrons.

We are also looking at lowering the required number of members on the District Bridge but have not yet ironed out the details.

Continued on Page 11
Update on New Website for District 28
Submitted by Nancy Kangas, AP

The District 28 website has been totally revamped. It is no longer on the USPS national website.

The District Webmaster, Nancy Kangas, has taken it over and transferred all information to the District’s own website which is now on a shared server using GoDaddy.

It is now on one page in order to accommodate a mobile environment where users prefer to scroll than to click on menu items. Menu items are still included for those who prefer them, and those in a desktop environment.

Any ideas or comments would be appreciated: Nancy

The new website address is: http://www.americasboatingclubd28.org/

USPS GOVERNING BOARD MEETINGS

Contrary to common understanding, the USPS Governing Board Meetings will continue. However, the “long” Saturday event will no longer be a part of the agenda.

This year the meeting is being held at the suburban Hilton Raleigh North Hills, NC and there will be opportunities to tour USPS HQ which is only a 15 minute drive or 7 1/2 miles away.

USPS D28 Excellence in Teaching Award is received by Cdr Jan Follestad from A/DEO Cida Diehl
Welcome to San Diego as the San Diego Sail & Power Squadron hosts the District 28 Spring Conference. Join us for social time, meeting conference and dinner. Meetings and dinners are open to all District & Squadron members, families and quests. All meetings and events will be located at the Southwestern Yacht Club, a venue located along the shores of San Diego Bay. Various hotels are located in the area or contact us to make arrangements for a private home stay. Come for the meeting, stay for a vacation!

PLEASE USE THIS FORM TO REGISTER VIA MAIL OR EMAIL

Rank /Grade ______  Last Name ________________________ First Name _____________
Rank /Grade ______  Last Name ________________________ First Name _____________
Squadron/District _____  Email _________________________ Phone ______________

Friday, February 28, 2020
Squadron Social   6 – 8 PM   Cost $5 per person    # Attending ___    Total $______

Saturday, February 29, 2020
Would you be interested in a spousal event?  Yes ____  No _____
All Day Conference/Meeting    # Attending ___

Dinner Meeting   6 – 8 PM with social hour starting at 5 PM
(Alcoholic beverages available for purchase at the yacht club bar)

Dinner choices:  (All dinners include a Cesar Salad, Dinner Rolls, Dessert, Iced Tea, Coffee)

**Penne Pasta Primavera w/Marinara & Garlic Toast - $40
**Grilled Salmon, Lemon Butter, Veggies & Roasted Potatoes - $45
**Chicken Parmesan w/Angel Hair, Marinara & Veggies - $45

#_____    Total $______
#_____    Total $______
#_____    Total $______

Total Due    $___________

Make checks payable to San Diego Sail & Power Squadron. Payments can be made at the door (with prior reservation) or mailed to Lt/C Deb Oberg, 2577 Melbourne Drive, San Diego, CA 92123.
DISTRIBUTION 28
2020 SPRING CONFERENCE
CALL TO MEETING

To:  DISTRICT 28 BRIDGE OFFICERS
     PAST DISTRICT COMMANDERS
     GENERAL COMMITTEES
     PLANNING COMMITTEE
     SQUADRON COMMANDERS, BRIDGES AND DELEGATES
     ALL OTHER INTERESTED MEMBERS AND GUESTS

BY ORDER OF THE DISTRICT COMMANDER, notice is hereby given that the D/28 Spring Conference will be
held as follows:

Date:  Saturday 29 February, 2020

Place:  Southwestern Yacht Club, San Diego, CA. 92106.

Time:  Saturday 0900—1200  Morning Conference Session
       1200—1330  Lunch on own
       1330—1700  Afternoon Conference Session
       1700—1800  Social Hour
       1800 - 2000 Change of Watch & Saturday Dinner— Private Dining Room

Purpose:

• To carry on the business of District 28, USPS;
• To establish committees and make appointments thereto;
• To fill any vacancy in any elective office;
• To make and improve interim changes in the 2020—2021 Budget;
• To consider resolutions and recommendations from the Squadrons and refer them to the Conference
  for action or to committee for further study;
• To conduct all other business of the District which may properly come before the Council or Conference.

Uniform:  Saturday — Meetings: Uniform G – short sleeve shirt, white or black pant/skirt or USPS Squadron
          Polo Shirts acceptable
                  Saturday — Night: Men: Class A or Blazer/Sport Coat w/Black Tie.  Ladies: Cocktail Attire.

Submitted by Betty McGovern, P  Secretary—USPS District 28
All D/28 Squadrons will add On-the-Water training in 2020!

By D/28 DEO Van Diehl, SN-ON POTW, IN, CN, CAN Certifier Asst. Regional Director - USPS OTW & BOC 1-760-798-5747

“EMBRACING THE CHANGES” was the NEO topic at the USPS Fall Governing Board and also the topic of my presentation at the D28 Fall District Conference. The emphasis is on the America’s Boating Club rebranding, safe boating information dissemination by social media, education by rich media library videos (the America’s Boating Channel), more online training, and the embracing of on-the-water skill training. On-The-Water skill training is now the guiding strategy of usps.org, the America’s Boating Club.

EDUCATION GOALS:

Here are my suggested District education goals, essential to being in line with National strategies:

- All squadrons will teach one long ABC class, including all 5 chapters;
- All squadrons will add On-The-Water (OTW) training to their courses, using the USPS OTW teaching aid guide;
- Teach Marine Navigation class, adding OTW training, using USPS OTW teaching aid guide;
- Schedule Hands-On Training following the ABC class; Hands-On training is free for members (a $250 value).
- Hands-On training should be scheduled regularly
- Do Jump Start training for ABC3 students that have recently acquired their boats.

Think outside the box:

- Do not be limited to using just the standard USPS course content if it does not cover the subjects required for the safe operation of a boat. Think outside the box, offering members courses that are current with navigation technology. The goal is to offer hands-on skill training all the time, not just PowerPoint presentations, that one can learn online with self-study.
- A good example of creative thinking was San Luis Rey Sail & Power Squadron’s combination of an upgraded “Cruising and Cruise Planning” course with a British Virgin Islands charter. The upgraded course required—for its completion—the writing of a Cruise Plan. In this case the plan was for a 2xweek charter. Then the BVI charter that followed was the implementation of the plan.

NEWS

⇒ OTW and BOC
- Boat Operator Certification Program — New Downloads Now Available

Continued on Page 10
D28 Nominating Committee Report 2020 / 2021

PER SECTION 2.9.1 OF THE BYLAWS OF DISTRICT 28
THE *NOMINATING COMMITTEE SETS OUT BELOW ITS NOMINEES FOR THE 2020-2021 WATCH

<table>
<thead>
<tr>
<th>BRIDGE</th>
<th>NAME</th>
<th>SQUADRON</th>
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</thead>
<tbody>
<tr>
<td>Commander</td>
<td>Barry Bean, JN-CN</td>
<td>San Luis Rey</td>
</tr>
<tr>
<td>District Executive Officer</td>
<td>Allan Bombard, JN</td>
<td>San Diego</td>
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<tr>
<td>District Administrative Officer</td>
<td>Doug Bass, SN</td>
<td>San Diego</td>
</tr>
<tr>
<td>District Secretary</td>
<td>Sue Ann Bean, AP</td>
<td>San Luis Rey</td>
</tr>
<tr>
<td>District Treasurer</td>
<td>Debra Tucker, S</td>
<td>San Diego</td>
</tr>
<tr>
<td>District Educational Officer</td>
<td>Van Diehl, SN-ON</td>
<td>San Luis Rey</td>
</tr>
<tr>
<td>Asst. District Educational Officer</td>
<td>Cida Diehl, SN-CN</td>
<td>San Luis Rey</td>
</tr>
</tbody>
</table>

*NOMINATING COMMITTEE
Filled by the current presiding Squadron Commanders.

* Any open positions will be filled from the floor at the Spring 2020 Conference

Cruise and TransPac Planning
2,200 Miles from San Francisco to Kauai

Author and Skipper Robert Crawford, a retired dentist, describes what lead up to his desire to sail the 2008 Singlehanded TransPac.
Journey with Robert, learn how he upgraded, rigged and stocked his 1961 stock Cal20; how he charted, navigated and handled emergencies at sea.

This book is written by both Robert & Jeanne Crawford, an interesting concept. You read the story from the racer who spent 19 days and 21 hours on the water, piloting the smallest boat ever to have finished the race. Then another section of the book (44 pages) is written by Robert’s wife Jeanne sharing her perspective: the one left behind and volunteer event organizer.

This is a large glossy book with over 60 photographs and diagrams.

A great book for Cruise Planning and Piloting students.

The Bonus Feature of the book is a 64 page Do-It-Yourself Prep Manual.

Submitted by Jill Powell, AP
**SAN DIEGO SAIL & POWER SQUADRON CHANGE OF WATCH JANUARY 11, 2020:**

D/C Shawn Goit, Cdr Doug Bass, SN; SEO Tanya Weimer, AP; Secretary: P/C & Lt/C Paula Vance, P; Member at Large: P/C Allan Bombard, JN; Asst. Secretary: D/Lt/C Betty McGovern, P; Administrative Officer: Lt/C Debra Oberg, JN; Treasurer: Lt/C Debbie Lenart, S; Members at Large: P/C Shaun McArdle, AP, and P/C Carole Hallock, AP.

**SAN LUIS REY SAIL & POWER SQUADRON CHANGE OF WATCH JANUARY 18, 2020**

A/SEO 1/Lt Janis Siems, AP; Secretary: Lt/C Jennifer Goit, AP; A/Treasurer: 1/Lt Dan Rancourt, AP; Treasurer: Lt/C Chris Peavey, N; SEO Lt/C Jan Follestad, SN; Executive Officer: Lt/C James Weaver; Lt/C Kirk Lippert , AP and D/C Shawn Goit, JN.
Another successful Turkey Fry in Phoenix. Out of 66 Members, 29 were treated to Deep Fried Turkey for the 19th Annual Turkey Fry. All enjoyed potluck dinners with Turkey sides. Not a single member left hungry. A Sailboat and a Power Boat floated in the pool to make everyone feel at home (radio controlled models). The sailboat was put to work to handle the cooling down of the turkey frying kettles in the pool. A new member was sworn in during the meeting - Jana Shell.

Phoenix SPS had a great time South of the Border in Rocky Point in 2019. Several members and former members joined in the fun. Paul Schoonover and Les Ormsby were setup with a fantastic event with the help of Ann & Paula (Paul’s daughters) as well as Kip & Mary (Les & Mary Ormsby’s Son & Daughter-in-Law). They threw a dinner event both Friday & Saturday nights at Cholla Bay. They all overly enjoyed the atmosphere of South of the Border.

San Luis Rey Sail & Power Squadron Instructors
Shawn Goit, Cida Diehl, Richele Daciolas-Semon, Janis Siems, Jan Follestad, Steve Bakalis, Van Diehl and Adriaan Veldhuisen

Shaun McArdle visits with Jeff Olsen at SLRSPS Change of Watch 2020

SLRSPS wins USPS New Member Growth Award for 2019

D/ C Shawn Goit welcomes 2020 Cdr Kirk Lippert to the San Luis Rey Sail & Power Squadron Bridge.
On-The-Water Training in 2020  Continued from Page 5

The Boat Operator Certification home page has been updated to reflect course, seminar, and skill demonstration requirements for all levels of BOC certification.


- BOC Boat School

The Boat School is designed to train certifiers and certifier trainers for the On-The-Water Skill Demonstrations of the Boat Operator Certification program. The Boat School also certifies Inland Navigator (IN), Coastal Navigator (CN), Advanced Coastal Navigator (ACN), and Offshore Navigator (ON) candidates, at any level. Shawn Goit and I manage the Boat Schools as they must have a Certifier Trainer Instructor (CTI) in charge, both in the classroom and on the water. We are responsible for the planning and setting of the agenda for the Boat School(s) in D/28.

⇒ The Boat Handling course is now available.

The 2019 Boat Handling curriculum comprises a full six-part Boat Handling course and six seminars:

- Rules of the Road: A Practical Approach
- Confidence in Docking and Undocking: Slow-Speed Maneuvering
- Boating with Confidence: Handling Your Boat Underway
- Anchoring with Assurance: Don't Get Carried Away
- Emergencies on Board: Preparation to Handle Common Problems
- Knots and Line Handling: The Knots You Need to Know

⇒ HQ800 Tutorial Presentation is Available for Downloading

The HQ800 tutorial presentation made in Louisville has been posted to the Basic Public Education committee downloads page and is also available on the Education page.

⇒ How to Fill the Seats in Your ABC3 Class

The National Educational Department seminar “How to fill the seats in your ABC3 Class”, illustrates the approach of two successful squadrons and what they did to fill their seats. The links to the seminar can be found at 2019 Annual Meeting and 2019 America’s Boating Course Conference.

Action Plan

I will be contacting the Squadrons, Commanders and SEOs, with the objective of adding to their 2020 education plans the On-the-Water skill training to be in sync with the USPS National training strategy.
**Commander’s Report  Continued from Page 1**

Anyone with input please feel free to contact me before the conference as we are in the early phases of this and all input is appreciated and will be looked at. So hopefully by next year, instead of having a Fall and Spring conference we will just have one annual conference, details of trophies and presentations are still being worked out. Once again any suggestions will **not only be appreciated** but **looked at thoroughly**.

Our next district conference is going to be in San Diego at **Southwestern Yacht Club** on February 29th.

We are trying a new approach - instead of the traditional hotel and meeting rooms, trying to make it more affordable for the squadrons to operate and/or the members to attend. One thing we will be trying is offering the possibility of staying on someone’s boat and/or at their house for out-of-town guests. This will hopefully make the conference more of a success. Time will tell if this approach works.

**D/C Shawn Goit, JN-ON**

**District28USPS@gmail.com**

United States Power Squadrons
Americas Boating Club
(760) 468-6212

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**PHOENIX GIVES BACK**

**America’s Boating Club of Phoenix** decided this year to combine its **Thanksgiving Deep Fried Turkey** event to include its Christmas Party, since many of the members are busy the whole month of December. Several members wanted to do some giving for the holidays and decided to donate time at the local food bank.

The day of the event, Commander, **Doug Frazier** and the newest member of the squadron, **Jana Shell** were snowed in at their home in **Payson, AZ**. Shoveling snow was determined to be a good reason for missing out on the work.

The other six members went to **St. Mary’s Food Bank** in **Phoenix**. St. Mary’s is the oldest Food Bank in the USA and has been gathering & distributing food for our needy since 1967. It was a very enjoyable and gratifying experience to help by packing food boxes for distribution. Other groups participating were church groups, schools, groups of friends and college students in town for the ball games. Everyone in the group loved the experience and wanted to plan on doing this or similar event(s) again.

**Bill Johnson**

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**“It’s a Beautiful Day in the Neighborhood”**

Bob Gibbs sailing on San Diego Bay, California  - January 2020

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SAFETY REPORT

SHORE POWER PEDESTALS: WHY THEY TRIP, WIRING DIAGRAMS, AND TROUBLESHOOTING TIPS

Marinas across the country are updating their onshore electrical pedestals to comply with updated code regulations.

New onshore power pedestals are more sensitive to the amount of electricity leaking in an electrical circuit, causing them to trip more often than older pedestals – and boaters can expect to encounter new pedestals more frequently as more marinas update their docks to comply with new safety codes.

WHY SHORE POWER PEDESTALS TRIP

To fix the problem, it's essential to understand why electrical pedestals trip in the first place. Due to changes in code, new onshore power pedestals are built to trip at a lower current than older models. Two main organizations updated the standard code regulations: the American Boat and Yacht Council (ABYC), which focuses on standards for recreational boats, and the National Fire and Protection Association (NFPA), which focuses more on the marina and are in charge of the National Electric Code (NEC).

The NFPA updated codes for the electrical pedestals to trip at 30mA, lowered from the previous threshold of 100mA. When a leakage of 30mA or greater occurs, new pedestal breakers detect the imbalance within the electrical loop, and trip the pedestal, which stops the flow of current from leaking into the water.

It's important to note that these standards set by the ABYC and NFPA are recommendations, and it is up to each state to adopt and enforce these code changes.

WHY DID SHORE POWER STANDARDS CHANGE?

Shore power standards changed to reduce the risk of electrical shock occurrences on your vessel and in the water surrounding your vessel, and, as a result, to reduce drowning incidents due to electrical shock.

When electrical current leaks from the circuit, it can potentially carry into the water. When your body comes in contact with an intense electrical shock, you lose mobility within your muscles, thus the cause for drowning. Figure 4 below outlines the effect electricity at varying strengths has on the body.

Read full article click here: https://blog.dockwa.com/shore-power-pedestals-trip-wiring-diagram-troubleshooting-tips

Tips to fix the problem read this: https://www.passagemaker.com/technical/troubleshooter-shorepower-danger

D/Lt Jake Alcantara, P
Your USPS/San Luis Rey Sail & Power Squadron/America’s Boating Club membership now includes valuable new travel safety benefits from DAN Boater. [https://danboater.org/abc/](https://danboater.org/abc/)

Effective January 1, 2020, these benefits have been automatically added to your America’s Boating Club membership at no charge to you. A value of $60 for single or $100 per family (Per Year). You may begin using the benefits immediately and continue using them through the remainder of your current membership period.

When your America’s Boating Club membership comes up for renewal, you may choose to keep these benefits as part of your membership for an additional fee of $25. The fee will be added to your regular membership dues at checkout. You will also have the option to decline these extra benefits (and the $25 fee) at that time.

DAN Boater Membership includes up to $150,000 of medical transportation assistance. This service is available for all medical emergencies when a Member is on a Trip. This is not insurance and the Member must call DAN Boater to arrange medical transportation assistance.

DAN Boater membership now includes travel safety benefits from DAN Boater. Explore your new member benefits.

You can find details about all of the DAN Boater benefits, including coverage amounts, in the DAN Boater Benefits Handbook. If you have questions not answered in the handbook, call the DAN Boater Member Support Team at +1 (919) 490-2011.

Coverage on Land and Water

While you are cruising the seven seas, scaling the tallest mountains, or out exploring a new city, if an unforeseen event happens - don’t worry. With DAN Boater, you are covered no matter where adventure takes you.
D28 Squadrons

Squadron | Chartered
---|---
Balboa | 1940
Phoenix | 1960
San Diego | 1950
San Luis Rey | 1960

Come for the Boating Education...Stay for the Friends℠